



SLIGO LIBRARIES

ARE PLEASED TO OFFER
THE FOLLOWING FREE
ONLINE WORKSHOPS AS
PART OF THE GOVERNMENT
KEEP WELL CAMPAIGN



Rialtas na hÉireann
Government of Ireland



pobal

government supporting communities



SLOW COOKING WORKSHOPS

LEARN HOW TO MAKE PICKLES, KIMCHI,
SOURDOUGH STARTER AND BREAD,
WINE AND OTHER FERMENTED FOODS

Saturday 24th April, 1st May,
8th May, 15th May 11:00am – 12:30pm

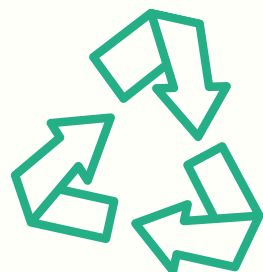
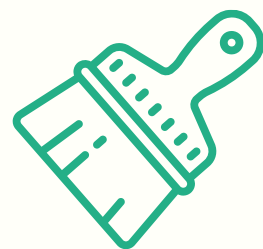
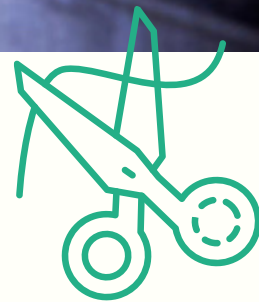




SUSTAINABLE LIVING WORKSHOPS

REDUCE YOUR FOOTPRINT AND SAVE
MONEY BY UPCYCLING AND MENDING

Thursday 22nd April, 29th April,
6th May, 13th May 11:00am - 12:30pm

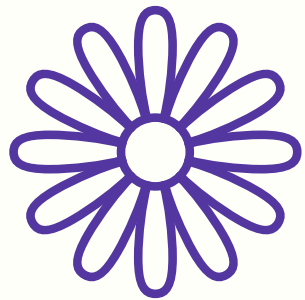
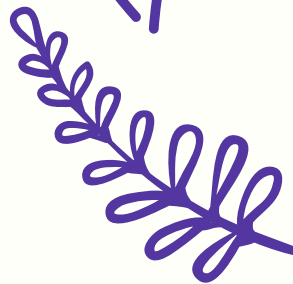




ART AND BIODIVERSITY

**NATURAL DYE MAKING, SUN PRINTS,
PAPER MAKING, LAND ART**

**Friday 23rd April, 30th April,
7th May, 14th May 11:00am - 12:30pm**



KEEP WELL

RESILIENCE CAMPAIGN

All Workshops to be held
online via ZOOM

LIMITED PLACES AVAILABLE

email Catherine Bourne

cpbourne@gmail.com

to book, giving your name,
address and Sligo Library
card number

Not a member of
Sligo Libraries?
Join for FREE online @
www.sligolibrary.ie

The KEEP WELL campaign is brought
to you with thanks to Healthy Ireland
an initiative of the Government of
Ireland with funding from the
Healthy Ireland fund and the
Sláintecare fund delivered by Pobal.



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