



Michael Ryan

Michael Ryan (MIACP) is a Counsellor/Psychotherapist and Author who works with children and teenagers in primary & secondary schools. He occasionally provides training and hosts workshops/webinars on positive Mental Health. He regularly contributes to media debate on these subjects and has spoken at regional and national conferences on topics related to Mental Health, Wellness, LGBT+ and Autism Spectrum (ASD). He is the author of a “Coming Out” book for Teens called - “The Complete Guide to Gay Life for New Explorers”.

Supporting your Neuro-Diverse and LGBT+ Teen

Michael Ryan
Tuesday 1st June 7:30 – 8:30pm

In this talk Michael will explore the world of neuro diverse teens who also identify as being LGBT+. He will look at the prevalence of having both identities and ways in which those who are in their circles can best support them as they navigate the world. The talk will be suitable for parents/guardians, teens, siblings (teen+), friends and professionals in their lives.