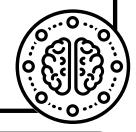




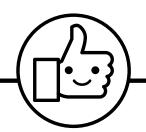
When I heard about Covid I felt:

When we practiced mindfulness I felt:



What I liked about lock-down:

What I didn't like about lock-down:







If I am telling someone about the pandemic when I am older I will say:



Anything you would like to share about practicing Mindfulness, the pandemic, or other things during the past year?







Draw a picture of a memory you have from

*	during COVID-19 and give your picture a name.	*
Title:		*



A big thank you from all at Sligo Libraries for completing this worksheet.

